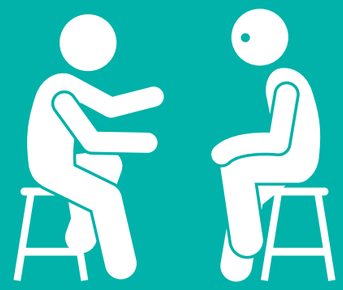
Reflection Sheet

Team name:_____



How would the team rate their performance today?

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Poor — Excellent

Why does the team feel this way?

What was the teams best achievement today?

How often did the following happen in your team today?	Never	Only Now and Then	Sometimes	Nearly Always	Always
We took turns when talking to each other					
We were sensitive to the needs of one another					
We discussed things and did not argue					
We were well organised					
We were interrupting & cutting each other off when speaking					
We got on well together					
We all did our fair share of the work other					

List three skills the team learned today:

List 3 skills the team would like to develop/improve:

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