**Mentor Pack - Introductory Session**

Your main goal as a mentor for the introductory session is to give your mentees some information about yourself and encourage them to take part in the programme.

**Introduce Yourself/Programme (5 mins)**

Introduce yourself and ask your mentees why they think their school has them involved in mentoring. Listen to the responses and clarify for them what the purpose of the mentoring sessions are. Be sure to mention:

1. You are going to be meeting with them a few times over the year.
2. You are here to help them think about what they might want to do when they leave school but also how they might enjoy school more.
3. You went to college and are here to help them understand what is useful about going to college and what they might need to do if they are interested in it.
4. You are not here to tell them what to do but to help them find out what they want to do.

**Rules/Charter (5-10 mins)**

Have your mentees brainstorm a list of rules or a charter of rights for all participants in your sessions. See what they come up with and if you feel anything important is missing you can encourage them with questions. i.e “what if you are talking and somebody else is talking or laughing” Once you are all happy with the rules/charter make a note of it for later.

**Get to know your mentor (5-10 mins)**

Your mentees will be given the following questions to ask you.

|  |  |  |
| --- | --- | --- |
| Where are you from? | What school did you go to? | What was your favourite Subject in school? |
| What college did you go to? | What course did you do in college? | What is your favourite TV show? |
| What is your favourite hobby? | What was the most fun thing you remember about college life? | What was your favourite part of your course? |
| What was your least favourite part of your course? | What would you have done differently? | What advice would you give secondary students today? |

**Get to know your mentees (5-10 mins)**

Go around the group and have each mentee answer three of the questions you did. Some mentees may need encouragement.

1. Favourite Subject
2. Favourite TV Show
3. Favourite Hobby

**Wrap up**

Tell your mentees you will be talking to them again in the next couple of weeks and will have lots of activities to go through together as a group until the end of the year.